Blanchelande College

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Nursery Sun Safety Policy

Policy statement

At Blanchelande Nursery, we recognise the importance of keeping children safe in the sun. Young children's skin is particularly sensitive, and we are committed to protecting them from the harmful effects of the sun while encouraging safe outdoor play and learning. This policy outlines how we will ensure that children, staff, and families work together to promote sun safety.

Procedures

Shade and Outdoor Play

- We will ensure shaded areas are available in the outdoor play space wherever possible.
- Outdoor activities will be planned to avoid extended periods in direct sunlight, particularly between **11am and 3pm**, when UV levels are highest.
- Staff will encourage children to play in shaded areas.

Clothing

- Parents are asked to provide their child with a named sun hat to protect the face, neck, and ears.

Sunscreen

- Parents are asked to apply a high factor to their child before arrival at nursery.
- Staff reapply sunscreen during the day, particularly before outdoor play in the afternoon.
- Parents must provide a named bottle of sunscreen for their child.

Hydration

- Children will be encouraged to drink water regularly throughout the day.
- Water will be available at all times and refilled frequently.

Role of Staff

- Staff will act as role models by wearing hats, seeking shade, and using sunscreen appropriately.
- Staff will monitor children for signs of heat exhaustion or sunburn and act promptly if concerns arise.