

Year 11 GCSE Study Plan 2010

REMEMBER

On Revision days	Start Early Stick to your Plan Eat Sensibly Use Active Revision	Take Regular Short Breaks Relax or take exercise Not too much caffeine Keep a Regular Early Bedtime
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Vary revision topic and method to provide variety

On Exam Days	Pack the night before Leave home in plenty of time Arrive at least 30 mins before exam	EAT BREAKFAST Travel carefully
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Day (WEEK 1)	9.00 – 10.30	11.00- 12.30	2.00 – 4.30	7.00 – 9.00
Saturday 8 th May RELAX				
Sunday 9 th May				
Monday 10 th May				
Tuesday 11 th May				
Wednesday 12 th May				
Thursday 13 th May				
Friday 14 th May				

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Day (WEEK 1)	9.00 – 10.30	11.00- 12.30	2.00 – 4.30	7.00 – 9.00
Saturday 15 th May (Extra rest and relaxation)				
Sunday 16 th May (Extra rest and Relaxation)				
Monday 17 th May				
Tuesday 18 th May				
Wednesday 19 th May				
Thursday 20 th May				
Friday 21 st May				

How to use your Revision Plan

1. Fill in the blocks when you have examinations
2. Include the length of each exam
3. Fill in 'last minute' revision in the days before exams
4. Fill in other subjects spread evenly on the other days
5. Don't be tempted to leave out your least favorite subject
6. Spread out the subjects as evenly as you can

Follow the good advice on the revision sheets. Eat sensibly, sleep sensibly, get some exercise, stay calm, get organised, **don't** take your stress out on your family!

How to revise

Revision must be ACTIVE

You might do any or all of the following :-

Revise with a friend

Practise questions

Re-write notes / Write shortened notes

Use revision books

Put reminders onto index cards

Use colour, pictures, drawings, rhymes - whatever works for you

Try reading out loud

Most people cannot revise out of doors successfully for more than a short spell.
DO NOT GET SUNBURN OR SUNSTROKE. IT IS NOT A GOOD PREPARATION FOR EXAMS.

(Unfortunately reading only usually does not make things stick. Try something more ACTIVE.)

Say a prayer before you start and **GOOD LUCK.**

STUDY LEAVE Summer 2010

Instructions.

ALL MORNING EXAMINATIONS START AT 9am. – be in school by 8.30pm.
ALL AFTERNOON EXAMINATIONS START AT 1.30pm – be in school by 1.00pm.
ALL WRITTEN EXAMINATIONS WILL BE HELD IN ROSAIRE

Before the Exams.

Study Leave is for STUDY. You should complete your revision timetable and STICK TO IT.

Develop a good sleep pattern so that you are wide awake and alert at 9 o'clock i.e. no late nights and no long lie-ins.

On any day in school.

You **MUST** register on the internal registration form on the main noticeboard when you come in (mark /) and again when you leave the school. (mark X)
You are very welcome to come into school to revise.

On Exam Days (in full uniform)

If unwell, telephone school as early as possible and again before 9.00. YOU WILL NEED A DOCTOR'S NOTE FOR US TO SEND TO THE EXAM BOARD.

EAT BREAKFAST. It switches your brain on.

You MUST be in school 30 minutes before your exam is due to start: no later than 8.30a.m. or 1.00 p.m. Please allow yourself plenty of time to get ready in the morning and travel into school. Rushing is NOT a good preparation for an exam. Please go to the Chemistry Lab. and wait quietly until the exam. room is ready. Please remember that assembly may be in progress in the morning so BE QUIET.

You may not take any extra materials into the exam. room except those required for the exam. Please leave them in the locker room, NOT outside the Junior School. Your pens, pencils etc. must be in a clear pencil case or plastic bag. Calculator cases are not allowed.

DO NOT BRING MOBILE PHONES, or i-pods, MP3 players, or similar into the exam. You MUST use BLACK ink or black ball point pen for ALL exams.

Attendance

You MUST attend school for extra lessons as arranged with staff, uniform not required. If you do not attend compulsory revision lessons we will require a note of absence. **If you are unwell please phone in.**

Uniform

Uniform rules do not change during exams. Jewelry, make-up and sensible hair rules still apply. It will not be helpful to start your exam upset by a clash caused by these details.

You MUST attend school on:

1) A date to be arranged after your final exam for your Leavers' Interview.

(non-uniform). These interviews take approximately 10 to 15 minutes and are usually with Mrs. Nightingale or Mrs. Le Page.

2) Wednesday 30th June: Rehearsal and Speechday (in full uniform) Please ensure your uniform is neat and tidy for this public event.

Rehearsal – Arrive at St. James by 2.00 p.m. Finish by 3.00 p.m. approx.

Speechday – Arrive at St. James by 7.15 latest

3) Monday 5th July from 9.00 until approx 11.00 (non-uniform event) Book and Key returns and Leavers' Coffee.

PLEASE ARRIVE AT 9.00 A.M. AND GO AND FIND EACH OF YOUR TEACHERS WITH ALL YOUR TEXT BOOKS, LIBRARY BOOKS, LOCKER KEY, ETC. WHICH ARE TO BE HANDED IN ON THIS DAY AND SIGNED FOR. **ANY BOOKS ETC. NOT RETURNED BY THIS DATE WILL BE BILLED TO PARENTS.**

4) Thursday July 8th. Leavers Mass and Final Assembly (in full uniform). Your parents are very welcome to attend Leavers' Mass.

Arrive in school by 8.35am.

If you want a shirt signed PLEASE bring a spare.

Depart at 12 noon.

GOOD LUCK WITH ALL THE EXAMS.

WORK HARD.

(RESULTS : AS and A levels 19th August from 10 a.m.
GCSEs 24th August from 10 a.m.)

Friday 19th March 2010

Dear Parents and Guardians,

Study Leave and GCSEs

Year 11 students start study leave on Friday 14th May; from this date their normal lesson timetable and full attendance is suspended.

They **must** attend school for a number of revision lessons planned by the staff and, of course, for exams. The girls will shortly receive a timetable of all their revision lessons in school.

They also have a personal timetable and revision plan for all their exams and revision. This includes a number of helpful suggestions about rest, diet and relaxation during study leave. They have a list of dates when they **MUST** attend school which includes special events at the end of term including Leavers' Coffee, Speechday and Leavers' Mass. Parents are very welcome to attend Leavers' Mass.

Please look over these notes with your daughter so that you have a good idea what she needs to do and when. Especially important is that she arrives in school for exams in plenty of time on the right days for the right session. It would also be helpful if you could help your daughter organise her books and uniform for the last week of term. A copy of this information is on the Parent/Student area of the school website – **blanchelande.co.uk**

Study leave is intended for **STUDY**. Good use of this time can make a significant difference to the results in August. The girls are very welcome to come into school to revise throughout the study leave period.

If you have any queries or concerns please feel free to contact year 11 tutors.

Yours sincerely,

Lesley Le Page

Please complete and return the reply slip to Form Tutors by Tuesday 13th April 2010.

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Student's Name Form.....

I/We have received the information about study leave and GCSE examinations.

Parent's Signature Date